NEWS FROM YOUR AREA 15 DELEGATE

Area 15 includes:

South Florida, Bahamas, US & British Virgin Islands, Antigua, St. Maarten and the Cayman Islands.

Send Area 15 Contributions to:

Area 15 Treasurer PO Box 590835 Fort Lauderdale, FL 33359-0835 Send GSB Contributions to: General Service Board Post Office Box 2407 James A Farley Station New York, NY 10116-2407

Bondage of Self

(Written by a member inside with the hope it reaches someone who needs it)

These four walls, these four walls, forever hold me in.

Keep me trapped in misery, over and over again.

I know you're thinking prisons, or this concrete cage called jail.

But the walls that keep me imprisoned don't come with court dates or bail.

One wall is labeled anger. It stands taller than I can see.

Another is named resentment, that stays staring back at me.

stays staring back at me.

The third one is named guilt, where I am the only one I can blame.

And the last one is named fear, a ferocious demon I could not tame.

I know these walls surrounding me were built by my very own hand.

Trials, tribulations and obstacles blinding me from discovering who I am.

As I bow my head, I admit defeat, I reach out for some kind help.

I pray these walls fall apart, releasing me from bondage of self."

Delegate

Report Back Schedule

May 16 - District 1 & 15

May 20 - District 4

May 21 - District 9

May 25 - District 20

June 4 - District 2

June 6 - District 10

June 13 – June 6

June 18 – District 3

June 19 – District 17

June 25 – District 7

June 27 – District 18

July 3 – District 5

July 9 – District 8

Ask me about this:

SSAASA

November 17-19, 2023

Alphabet Soup

GSR General Service Representative

DCM District Committee Member

GSO General Service Office

GSB General Service Board

AAWS Alcoholics Anonymous World Services

SSAASA Southern States Alcoholics Anonymous Service Assembly

ERP Enterprise Resource Planning

EDW Equitable Distribution of Workload

PAI Proposed Agenda Item

ASL American Sign Language

International Convention

2025 – Vancouver, Canada

2030 – St Louis, MO

2035 – Where will the 2035 Centennial be?

Go to the

Area 15 website

and the

Delegates Corner

area15aa.org

Contact your delegate

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