

## Suggested activities for General Service Representatives

- Get a copy of the pamphlet, “GSR: Your Group’s Link to A.A. As a Whole,” from your Central Office/Intergroup or online at [https://www.aa.org/sites/default/files/literature/assets/p-19\\_gsr.pdf](https://www.aa.org/sites/default/files/literature/assets/p-19_gsr.pdf). This pamphlet will tell you everything you need to know about how to serve your group as GSR.
- Also: Go to [https://www.aa.org/sites/default/files/literature/gsrlist\\_en\\_0123.pdf](https://www.aa.org/sites/default/files/literature/gsrlist_en_0123.pdf) to view a list of materials that are included in the GSR kit. You do NOT need to wait for your GSR kit to come from the General Service Office. You can start reading the contents of the kit right now.
- Get a copy of the A.A. Service Manual from your Central Office/Intergroup or from aa.org, or read it online at [https://www.aa.org/sites/default/files/literature/en\\_bm-31\\_3.pdf](https://www.aa.org/sites/default/files/literature/en_bm-31_3.pdf). Pay special attention to the chapter about the General Service Representative.
- Let your district registrar know you are serving as GSR for your home group. Ask the registrar to update the Area 15 database accordingly so that you will receive information from Area 15.
- Find out who the District Committee Member of your subdistrict is. Your district chairperson or district registrar can help you with this. Contact your DCM, introduce yourself, and ask your DCM if he or she meets regularly with the GSRs in your subdistrict. If he or she does, start attending the meetings. If he or she does not, ask that a regular meeting be started so that you can get to know your fellow GSRs and discuss topics of mutual interest such as district and area motions.
- Interest a member of your home group in standing for alternate GSR. (Like GSR, this is an elected position in your group.) Begin working together with your alternate so that you can better serve your group and so that he or she will be able to seamlessly come into the GSR role when you rotate at the end of your two-year term.
- Make a commitment to attend your district’s business meeting every month. Plan to stay for the entire meeting. If your district offers a GSR orientation or sharing session, attend that as well.
- Make a commitment to attend the Area 15 General Service Assembly in January, April, July and October. You can find information about area assemblies at <https://area15aa.org/>. Ask your group if Seventh Tradition contributions for one night’s hotel reimbursement and travel to the assembly are included in your group’s prudent reserve to cover your costs for attending assemblies. If not, ask your group to consider setting aside funds for these costs.
- When you are at the area assembly, attend the GSR workshop, but find other sessions to attend as well. GSRs are welcome and encouraged to attend all sessions at area assemblies. Make plans to attend the Sunday business meeting with the intention of staying for the entire meeting.
- Provide monthly reports of your activities at your group’s business meetings.
- Consider asking someone who has participated in service for a longer time than you to be your service sponsor.
- If at any point you feel you can no longer serve your group as an active GSR, let the group know so they can find someone to replace you.